

County of Chambers



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February 10, 2016

The Chambers County Health Department continues to stay in close contact with our Regional and State Partners, as well as the CDC in monitoring the Zika virus. We are also in close contact with our Local Health Care Providers and Hospitals, Emergency Management and Mosquito Control, with weekly updated guidance as furnished by the CDC.

As of close of business Friday 2/5/16, Texas has confirmed 8 cases of Zika in Texas (2015-2016). Counties reporting Zika cases include: Harris (7) and Bexar (1). All reported cases have been imported from countries with local Zika virus transmission.

Because there currently is no vaccine or treatment for Zika virus, the best way to avoid Zika virus infection is to [prevent mosquito bites](#). All travelers to or residents of areas with ongoing Zika virus transmission should strictly follow measures to prevent mosquito bites.

We continue to encourage people to also follow travel precautions and avoid mosquito bites as a general public health precaution. The CDC is currently advising pregnant women to delay travel to foreign countries where Zika is being transmitted. For a full list of affected countries/regions, check this site regularly: <http://www.cdc.gov/zika/geo/index.html>

To prevent the spread of the disease, people traveling to those areas should carefully follow steps to avoid mosquito bites while there and for at least seven days after returning home. People can protect themselves from mosquito bites by:

- Wearing long-sleeved shirts and long pants
- Using EPA-registered insect repellents
- Using permethrin-treated clothing
- Staying and sleeping in screened-in or air-conditioned rooms
- Avoiding or limiting outdoor activities during peak mosquito times.

CDC guidance on Zika virus, its transmission, treatment, and response to the outbreak will continue to be updated as more becomes known. For the most current information about Zika virus, please visit www.cdc.gov/zika. You can also call the **Chambers County Health Department (409) 267-8356** if you have further questions.